

Delaware County Healthy Living Take Action Coalition

As of March 26, 2010

Health Objective: 23-8 Competencies for public health workers

Block Grant Funding: 75-99% - Primary source of funding

Issue:

The percentage of children and adults who are overweight and obese has reached epidemic proportions in the U.S., in Indiana, and specifically, in Delaware County. If the rate of obesity and overweight continues at current trends, by 2015, 75 percent of adults and nearly 24 percent of children and adolescents will be overweight or obese.¹ Nutrition and physical activity educational programs and interventions for families are needed in Delaware County to address health needs and effective lifestyle behavior change.

Recommendations should emphasize comprehensive nutrition education and quality physical activity programs that are supported across all settings—at home, at school, and in the community. In 2007, Delaware County participated in the Indiana State Department of Health, Indiana Public Health System Quality Improvement Program (PHSQIP). As one component of that Program, the County completed the CDC, National Public Health Performance Standards Program, Version 2.0.

Intervention:

Assessment findings were used to develop the Delaware County Healthy Living Take Action Coalition to lead an evidence-based performance improvement project. Fourteen local health department staff and local public health system partners from the County completed a four-day training in team building, leadership, and problem solving. Root cause analysis was used to define and understand the causes of obesity in Delaware County.

Impact:

Based on the findings that causes of childhood obesity are multi-faceted and multi-level in nature, in 2008 the Healthy Living Take Action Coalition began to provide funding to local partners to promote community-based approaches to nutrition and physical activity of the children of Delaware County. The goal of this Mini-Grant Program is to prevent obesity in Delaware County by increasing awareness of healthy food choices and physical activity benefits for all children. The competitive mini-grant program is made available to support new or existing projects that provide comprehensive educational programs or interventions aimed at preventing or reducing obesity. Requests For Proposals are announced annually with ongoing evaluation.

Success Story Contact Information:

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Footnotes:

1Youfa Wang and May A. Beydoun

The Obesity Epidemic in the United States—Gender, Age, Socioeconomic, Racial/Ethnic, and Geographic Characteristics: A Systematic Review and Meta-Regression Analysis

Epidemiologic Reviews Advance Access published on May 17, 2007

Epidemiol Rev 2007 29: 6-28; doi:10.1093/epirev/mxm007

Quote:**Photo and Release Filenames:**

Photo: Delaware chart.jpg, Release: PhotoReleaseForm.pdf